

ALL-ON-FOUR CLEANING INSTRUCTIONS

1. USE A WATERPIK AT LEAST TWICE A DAY. TRY TO CLEAN FROM BOTH THE LIP AND TONGUE SIDES. WE RECOMMEND USING THE MEDIUM OR LOW SETTING.
2. FLOSS UNDER THE BRIDGE AT LEAST ONCE DAILY. SUPER FLOSS (ORAL-B) WORKS WELL, BUT IF THE FIRM END SOFTENS TOO QUICKLY, TIE THE SUPER FLOSS TO A FLOSS THREADER.
3. TEPE (OR OTHER INTERDENTAL BRUSHES) HAS AN EXCELLENT LINE OF IMPLANT CLEANING PRODUCTS. THE COMPANY OFFERS MULTIPLE SHAPES AND SIZES OF SPECIALTY TOOTHBRUSHES AND INTERDENTAL BRUSHES SPECIFICALLY DESIGNED FOR IMPLANTS. THEY CAN BE PURCHASED ON AMAZON.COM.
4. USE A SULCUS BRUSH TO CLEAN. IT IS ABOUT ONE-THIRD THE WIDTH OF A TRADITIONAL TOOTHBRUSH. MANY PATIENTS FIND IT EASIER TO USE THIS TO CLEAN AND MASSAGE THE TISSUE CONTACT AREAS OF THE BRIDGE.
5. RINSE DAILY WITH PEROXYL, LISTERINE, OR CLOSYS TO DEBRIDE SMALLER PARTICLES FROM UNDER THE BRIDGE.
6. IF SOFT-TISSUE SWELLING OCCURS, RINSE WITH WARM SALT WATER FOR TWO TO THREE DAYS. IF THE SWELLING PERSISTS, CALL THE OFFICE.



CALL/TEXT/EMAIL OUR OFFICE AS NEEDED FOR MORE INFORMATION

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