

PEDIATRIC CARE AFTER DENTAL TREATMENT

DENTAL WORK IS SURGERY! REMOVING DECAY, PLACING FILLINGS AND ADMINISTERING ANESTHETIC CAN ALL CAUSE IRRITATION TO THE TOOTH AND TISSUE. MOST PATIENTS EXPERIENCE SOME TENDERNESS OR EVEN TEMPERATURE SENSITIVITY FOR A FEW DAYS AFTER TREATMENT. SOMETIMES DEEPER CAVITIES REQUIRING MEDICINE TO BE PLACED CAN CAUSE THIS DISCOMFORT TO LAST A LITTLE LONGER UNTIL THE NERVE CALMS DOWN.



THINGS TO REMEMBER

- 1) BE CAREFUL WITH NUMBNESS AND AVOID EATING UNTIL FEELING RETURNS. CHILDREN HAVE A TENDENCY TO NIBBLE OR BITE THEIR LIPS OR CHEEKS WHEN NUMB. MONITOR THEM CLOSELY UNTIL FEELING RETURNS.
- 2) TAKE IBUPROFEN (ADVIL, MOTRIN) TO HELP REDUCE INFLAMMATION FOR AT 1-2 DAYS AFTER TREATMENT. IBUPROFEN IS BETTER THAN ACETAMINOPHEN (TYLENOL) FOR THIS PURPOSE. IT IS BEST TO TAKE AS SOON AS POSSIBLE AFTER TREATMENT IS COMPLETED TO GET AHEAD OF THE POTENTIAL TENDERNESS.
- 3) EAT SOFTER, MILD TEMPERATURE FOODS.
- 4) **IF THE BITE FEELS OFF AND THE TOOTH FEELS TOO BIG AFTER A FEW DAYS, CONTACT THE OFFICE FOR AN ADJUSTMENT.** WHEN A PATIENT IS NUMB, IT IS HARD TO ALWAYS ADJUST THE BITE PERFECTLY AND CORRECTIONS MAY BE NECESSARY. IF THE BITE IS OFF EVEN A VERY LITTLE BIT, IT CAN CAUSE DISCOMFORT TO THE TREATED TOOTH OR OTHER TEETH.
- 5)

THE BEST WAY TO PREVENT DENTAL DISEASE IS BY DAILY BRUSHING AND FLOSSING, A HEALTHY DIET, REGULAR DENTAL CLEANINGS AND FLUORIDE!!!

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